

Bills at Rams: the numbers tonight

MONDAY NIGHT FOOTBALL | OCTOBER 12, 2026 | 8:15 PM ET | SOFI STADIUM

TEAM	SPREAD	MONEYLINE	TOTAL
Buffalo	+3.5 (-118)	+150	Over 54.5 (-118)
Los Angeles	-3.5 (-102)	-180	Under 54.5 (-102)

Supplied morning odds snapshot | Bills 3-1 | Rams 2-2

OFFENSE & DEFENSE

PER GAME / NFL RANK	BILLS	RAMS
Points / game	31.8 #2	21.3 #23
Total yards / game	386.3 #7	417.0 #1
Pass yards / game	247.3 #10	290.3 #2
Rush yards / game	139.0 #6	126.8 #11
Points allowed / game	26.8 #25	20.8 #8
Yards allowed / game	372.3 #27	247.5 #1
Pass allowed / game	256.3 #30	145.5 #1
Rush allowed / game	116.0 #18	102.0 #13

Four games each. Net passing/total yards. Published pregame NFL ranks; #1 is best. Figures rounded to one decimal.

Third-down conversion	53.3%	43.1%
Turnover differential	-2	-5

RECENT GAMES

BUFFALO		
Oct 4	vs Patriots	L 26-29
Sep 27	vs Chargers	W 24-16
Sep 17	vs Lions	W 41-31
Sep 13	at Texans	W 36-31

LOS ANGELES		
Oct 4	at Eagles	W 24-20
Sep 27	at Broncos	L 26-30
Sep 21	vs Giants	W 28-6
Sep 10	vs 49ers*	L 7-27

Newest first; scores shown from each team's perspective. *Rams' designated home opener was in Melbourne.

The next five games

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BUFFALO BILLS

DATE	OPPONENT	KICKOFF ET
Oct 18	at Raiders	4:25 PM
Nov 1	vs Ravens	1:00 PM
Nov 9	at Vikings	8:15 PM
Nov 15	at Jets	1:00 PM
Nov 22	vs Dolphins	1:00 PM

Buffalo has its bye in Week 7 (October 25), between the Raiders and Ravens games. Three of its next five are on the road.

LOS ANGELES RAMS

DATE	OPPONENT	KICKOFF ET
Oct 18	vs Cardinals	4:05 PM
Oct 25	at Raiders	4:25 PM
Nov 1	vs Chargers	4:05 PM
Nov 8	at Commanders	1:00 PM
Nov 15	at Cardinals	4:05 PM

Los Angeles faces Arizona twice in its next five games. Three of those five are at SoFi, including the Chargers matchup.

After tonight. Official team schedules checked Oct 12; dates and kickoff times remain subject to change.

Both teams turn around from Monday night to Sunday. Buffalo stays on a western road swing with Las Vegas next; the Rams host Arizona. That is useful rest and travel context, not a reason by itself to pick a side tonight.

The card, the case and the risk

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Bills +3.5 **-118**

\$15 cash stake | \$27.71 potential return

The extra half-point matters: a three-point Buffalo loss still covers. Buffalo can also cover with a win or tie.

Konata Mumpfield anytime TD **+700**

\$5 cash stake | \$40 potential return

A separate touchdown wager. His final injury report carries no game designation, but availability does not guarantee a touchdown.

The case for Buffalo +3.5

Buffalo has scored more points per game so far, and its strong third-down conversion rate offers a path to sustained drives. Taking more than a field goal gives this ticket room in a close finish. The challenge is maintaining that production against the Rams' defense.

The risk to the Bills ticket

Los Angeles pairs a strong yardage offense with a defense allowing very little through the air. Buffalo's pass defense has been vulnerable, and Ed Oliver's absence adds a concern up front. If the Rams turn their yardage into points and avoid giveaways, Buffalo may need a high-scoring response.

What the 54.5 total is asking

The Rams' yards-to-points gap is the key question. Their offense has moved the ball much better than its scoring average suggests. Buffalo's scoring supports an open game, but the Rams' defensive numbers argue against simply assuming a shootout. No total bet is recorded for this matchup.

INJURY WATCH

BILLS OUT: Ed Oliver (knee), Joshua Palmer (shoulder).
BILLS QUESTIONABLE: DJ Moore (shoulder), Dee Alford (ankle), Landon Jackson (knee).
RAMS QUESTIONABLE: Quentin Lake (hip). Mumpfield, Aaron Donald, Colby Parkinson and Jaylen Watson have no game designation.

Matchup analysis added for this preview. The recorded card confirms the two selections; detailed original betting reasoning was not supplied.